
T.A.G.B. NORTH MIDLANDS 2010 AREA CHAMPIONSHIPS

Date: 15/08/10:

Starting at 10.00 am.

Venue: Moorways Sports Centre
Moor Lane, Allenton, Derby. DE24 9HY

Prices: Competitors: Per event £10.00p (Executive event £13.00p)

Adult Spectators: £7.00p under sixteen half price; under five's free

Under sixteen to pay on the door, half price fee will be at the organiser's discretion

Categories Adults: Male and female separate.
Children (under 16's): Male and female separate. *(Please note: there is NO CADETS)*
Executive: Male and female separate. *(Black Belts only)*
All sparring point stop: Yellow *(including yellow stripe)*, Green, Blue, Red and Black belt.
Belt divisions are by belt colour *(e.g. green belt includes blue stripe)*

| Weights & Heights for sparring | <u>Ladies</u> | <u>Males</u> | <u>Children</u> |
|--|---------------|--------------|-----------------|
| Tiny Tots: (yellow & green belts only, minimum of 4) | | | up-to 122cm |
| Pee Wee: | | | up-to 137cm |
| Light weight: | up-to 55 kg. | up-to 67 kg. | up-to 152cm |
| Middle weight: | up-to 60 kg. | up-to 77 kg. | up-to 168cm |
| Heavy weight: | over 60 kg. | over 77 kg. | over 168cm |

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|--------------|--|----|-----------|
| Yellow belt: | Chon-Ji | or | Dan-Gun |
| Green belt: | Do-San | or | Won-Hyo |
| Blue belt: | Yul-Guk | or | Joong-Gun |
| Red belt: | Toi-Gye | or | Hwa-Rang |
| Black belt: | Adults any Black Belt pattern. Juniors any Black Belt pattern for there next grading. | | |

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|---|------------------------------|----------------------------|
| Destruction <i>(Adult black belts only):</i> <i>(Including elbow on black boards)</i> | <u>Ladies Hand technique</u> | <u>Male Hand technique</u> |
| | Choice | Choice |

| | | |
|--|------------------------------|----------------------------|
| <i>(Including elbow on black boards)</i> | <u>Ladies Foot technique</u> | <u>Male Foot technique</u> |
| | Choice | Choice |

Destruction competitors can enter both hand and foot contests.

Executive Pattern & Sparring Knock-out *(Knock-out meaning if you lose you are out)*

This is a knock-out competition that combines both patterns and sparring.

The event is open to: Female Black Belts aged 35 and over.

Male Black Belts aged 40 and over.

Please note: Students entering the executive event can also pay and enter other Black Belt events.